

The First Psalm of the Typica [In place of The First Sunday Antiphon]

Bless the Lord, O my soul.* Blessed are you, O Lord.
Bless the Lord, O my soul,* and all that is within me bless his holy name.
Bless the Lord, O my soul,* and do not forget all his praiseworthy gifts:*
He forgives all your iniquities,* he heals all your ailments,
He redeems your life from corruption,* he favors you with his mercy and compassion.
Gracious and merciful is the Lord,* abounding in patience and mercy!
Bless the Lord, O my soul,* and all that is within me bless his holy name.
Blessed are you,* O Lord.

The Third Sunday Antiphon

Come, let us sing joyfully to the Lord, let us acclaim God, our Savior.
Son of God, risen from the dead, save us who sing to You: Alleluia.

Let us come before His face with praise, and acclaim Him in psalms.
Son of God, risen from the dead, save us who sing to You: Alleluia.

For God is the great Lord and the great king over all the earth.
Son of God, risen from the dead, save us who sing to You: Alleluia.

*****Entrance*****

Come, let us worship and fall down before Christ.
Son of God, risen from the dead, save us who sing to You: Alleluia.

Tropars

When the Lord's faithful women disciples heard the enlightening proclamation of the Resurrection from an angel,* they threw off their forefathers' condemnation,* and with joyful boast broke the news to the apostles:* death is no more.* Christ God is risen,* blessing the world with great mercy.

From your youth, you liked monastic life;* you reached the heights of virtue. You persevered in achieving your goal.* You lived in a cave.* By fasting you adorned your life with radiance and by perseverance in prayer you lived like an angel.* Like a bright star you shined over the land of the Rus',* father Theodosius, pray Christ our God to save our souls.

Glory be to the Father and to the Son and to the Holy Spirit.

Today let us honor the blessed Theodosius as the star of the Rus' that arose in the east and moved to the west.* He enriched his land with wonders and goodly deeds,* and all of us too by his works* and the grace of the monastic rule.

Now and for ever and ever. Amen.

When by faith that Samaritan woman of everlasting memory came to the well,* she found you, the water of wisdom.* You completely satisfied her soul's thirst* and so she inherited the kingdom on high.

Apostolos (Acts 11:19-26 & 29-30)

Prokimenon: Precious in the sight of the Lord is the death of his saints.

Stichon: What shall I render to the Lord for all the things he has given me!

Reading from the Acts of the Apostles:

In those days it was when the disciples were dispersed by the persecution that had broken out over Stephen, they went all the way to Phoenicia and Cyprus and Antioch, speaking the word to none but the Jews. But some of them were Cypriots and Cyreneans, and as they reached Antioch, they were speaking to the Greeks, announcing the Good News of the Lord Jesus. And the Lord's hand was with them, and a great number believed and turned to the Lord.

And word concerning them came to the ears of the church in Jerusalem, and they sent Barnabas as far as Antioch. And when he got there and saw the grace of God, he rejoiced and encouraged them all to stay in the Lord with steadfast hearts: for he was a good man, and full of the Holy Spirit and of faith. And a great multitude was added to the Lord. And Barnabas traveled to Tarsus, looking for Saul, and when he found him, he brought him back to Antioch. And it happened that for a whole year they took part in the church meetings and taught a large number of people, and it was in Antioch that the disciples were first called "Christians".

Now in those days some prophets from Jerusalem came down to Antioch, and one of them named Agabus got up and revealed through the Spirit that a dire famine was threatening the whole world- and it occurred during the reign of Emperor Claudius. And so, the disciples decided to send relief to the brethren living in Judea- each one as much as he could afford- and this they did, sending it to the presbyters by the hands of Barnabas and Saul.

Alleluia: Your priests shall clothe themselves in righteousness, and your saints shall exult.

Stichon: The Lord has chosen Sion: he prefers her for his dwelling place.

Gospel: (John 4:5- 42)

At that time Jesus came to a town of Samaria called Sychar, near the plot of land that Jacob had given to his son Joseph. Jacob's well was there. Jesus, tired from his journey, sat down there at the well. It was about noon. A woman of Samaria came to draw water. Jesus said to her, "Give me a drink." His disciples had gone into the town to buy food. The Samaritan woman said to him, "How can you, a Jew, ask me, a Samaritan woman, for a drink?" (For Jews use nothing in common with Samaritans.) Jesus answered and said to her, "If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water." (The woman) said to him, "Sir, you do not even have a bucket and the cistern is deep; where then can you get this living water? Are you greater than our father Jacob, who gave us this cistern and drank from it himself with his children and his flocks?" Jesus answered and said to her, "Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life." The woman said to him, "Sir, give me this water, so that I may not be thirsty or have to keep coming here to draw water." Jesus said to her, "Go call your husband and come back." The woman answered and said to him, "I do not have a husband." Jesus answered her, "You are right in saying, 'I do not have a husband.' For you have had five husbands, and the one you have now is not your husband. What you have said is true." The woman said to him, "Sir, I can see that you are a prophet. Our ancestors worshiped on this mountain; but you people say that the place to worship is in Jerusalem." Jesus said to her, "Believe me, woman, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You people worship what you do not understand; we worship what we understand, because salvation is from the Jews. But the hour is coming, and is now here, when true worshipers will worship the Father in Spirit and truth; and indeed the Father seeks such people to worship him. God is Spirit, and those who worship him must worship in Spirit and truth." The woman said to him, "I know that the Messiah is coming, the one called the Anointed; when he comes, he will tell us everything." Jesus said to her, "I am he, the one who is speaking with you." At that moment his disciples returned, and were amazed that he was talking with a woman, but still no one said, "What are you looking for?" or "Why are you talking with her?" The woman left her

water jar and went into the town and said to the people, "Come see a man who told me everything I have done. Could he possibly be the Messiah?" They went out of the town and came to him. Meanwhile, the disciples urged him, "Rabbi, eat." But he said to them, "I have food to eat of which you do not know." So the disciples said to one another, "Could someone have brought him something to eat?" Jesus said to them, "My food is to do the will of the one who sent me and to finish his work. Do you not say, 'In four months the harvest will be here'? I tell you, look up and see the fields ripe for the harvest. The reaper is already receiving his payment and gathering crops for eternal life, so that the sower and reaper can rejoice together. For here the saying is verified that 'One sows and another reaps.' I sent you to reap what you have not worked for; others have done the work, and you are sharing the fruits of their work." Many of the Samaritans of that town began to believe in him because of the word of the woman who testified, "He told me everything I have done." When the Samaritans came to him, they invited him to stay with them; and he stayed there two days. Many more began to believe in him because of his word, and they said to the woman, "We no longer believe because of your word; for we have heard for ourselves, and we know that this is truly the savior of the world."

Instead of: "It is truly right..."

The angel exclaimed to the Lady full of grace:* Rejoice, O pure Virgin.* And again I say: Rejoice!* Your Son is risen from the grave on the third day.* With Himself he has raised all the dead.* All you peoples, rejoice!

Shine, o Shine!* New Jerusalem!* For the glory of the Lord has shone on you.* Sing now and exult with joy, O Sion.* And you, O pure Mother of God,* adorn yourself* in the splendor of your Son's resurrection.

Kinonikon

Receive the body of Christ;* drink from the fountain of immortality.
Praise the Lord from the heavens;* praise him in the highest.

Alleluia, Alleluia, Alleluia.

Instead of: "Blessed is he who comes..."

Christ is risen from the dead,* conquering death by death.* And to those in the tombs, giving life.

Instead of: “We have seen the true light...”

Christ is risen from the dead,* conquering death by death.* And to those in the tombs, giving life.

Instead of: “Amen. May our mouths be filled...”

Christ is risen from the dead,* conquering death by death.* And to those in the tombs, giving life.

Ending of the Liturgy

Priest: Stand aright! Having... give thanks to the Lord.

Lord, have mercy.

Priest: Help and save... by your grace.

Lord, have mercy.

Priest: Having asked... to Christ our God.

To You, O Lord.

Priest: For You are... and for ever and ever.

Amen.

Priest: Let us go forth in peace.

In the name of the Lord.

Priest: Let us pray to the Lord.

Lord, have mercy.

Priest: You bless those... and for ever and ever.

Amen.

Christ is risen from the dead,* conquering death by death.* And to those in the tombs, giving life. (3 times)

Priest: May the blessing... and for ever and ever.

Amen.

Priest: Glory be to... glory be to You.

Christ is risen from the dead,* conquering death by death.* And to those in the tombs, giving life. Lord, have mercy. Lord, have mercy. Lord, have mercy. Give the blessing.

Priest: Prayer of dismissal

Amen.

Priest: Christ is risen from the dead, conquering death by death. And to those in the tombs, giving life.

Christ is risen from the dead,* conquering death by death.* And to those in the tombs, giving life.

Priest: Christ is risen from the dead, conquering death by death.

And to those in the tombs, giving life.

All: And he granted us eternal life;* we bow down to his third day resurrection.